



## OCB EASTERN USA

### SATURDAY October 27<sup>th</sup>, 2018 • ROCHESTER, NY

*OCB Pro Bodybuilding, Figure, Bikini & Men's Physique Open OCB Pro Qualifier*

**Location:** Greece Olympia High School, 1139 Maiden Lane, Rochester NY, 14615

**Show Times:** Men's show 10:00 am (Competitor Entrance & Meeting 8:30am), Women's Show 4:00pm (competitor entrance & Meeting 2:30pm)

**Drug Tested Event:** This is a natural (drug-free) competition. All competitors must meet eligibility criteria listed in the Drug Testing Guidelines in order to participate. Competitors should review these procedures and the list of banned substances at [thenaturalmusclenetwork.com/OCB/forms/DrugTestingGuidelines.pdf](http://thenaturalmusclenetwork.com/OCB/forms/DrugTestingGuidelines.pdf) prior to registering.

**Drug Testing:** All competitors are required to be polygraph tested prior to competing. In addition, OCB pro card winners (Men's and Women's Open Bodybuilding, Master's Men Bodybuilding, Figure Open, Bikini & Men's Physique) are required to provide urine specimens immediately after the event for urinalysis testing. Photo identification must be shown prior to polygraph tests and at the time of urine specimen collections. Any competitor not polygraph tested or any above referenced OCB pro card winner not supplying a urine specimen immediately after the contest will be subject to disqualification.

**Membership:** All competitors are required to be current members of OCB to participate in this event. Membership forms, online registration and mail in options can be found on [OCBonline.com](http://OCBonline.com) and **Must be purchased by Monday Oct 22<sup>nd</sup> to compete**, click on Upcoming Events page, or membership can be obtained at check-in for the event. Cost is \$70 for the annual membership

**Division Offerings:** Men's Bodybuilding: Men's Physique (Novice, Open & 40+), Teen, Jr. Men (23 & under), Novice, Age 50+, Age 40+, Open (4 classes) – Women's Bodybuilding: Novice, Master's, and Open (2 classes) Women's Physique - Figure: Novice (2 classes), Age 45+, Age 35+, Open (2-3 classes) – Bikini: Novice, Open, Age 40+ - *Promoter reserves the right to add or drop classes based on number of entries.*

**Classes:** When more than one class in a division, classes are formed by dividing competitors evenly by height. (Class breakdowns and the order of events will be supplied to competitors approximately a week before the event).

**Crossovers:** A "crossover" is entering more than one division. For example, someone may enter the Figure Novice division, if eligible, and also elect to crossover into the Figure Open division and compete in it as well. Crossovers between the Figure, Bikini and Women's Bodybuilding categories are not permitted.

**Awards:** Custom awards for top 5 placements in each class. Awards given for best poser, most muscular, Max Lil, & best wheels.

**Entry Deadline:** \$20 late fee must be added to entry if post marked after Sept. 25<sup>th</sup>. No application will be accepted past Oct. 4<sup>th</sup>.

**Fees:** \$50 and \$35 for each crossover. OCB Membership: \$70 (if not already a current member). Polygraph screening \$50 cash at time of polygraph (Polygraph fee not refunded if not passing).

**Check-In/Polygraph Test:** Check in will Saturday at the Venue 8:30am for men and 2:30pm Women. Polygraphs will be Friday October 6<sup>th</sup> by appointment at host hotel and Saturday morning October 27<sup>th</sup> by appointment at venue. You are responsible for scheduling your appointment - PLEASE E-MAIL Pat Kauffman at [patk70@live.com](mailto:patk70@live.com) to set up a polygraph appointment at once.

**Contestant meeting:** Saturday at the Venue 8:30am for men and 2:30pm Women

**Backstage policy:** One trainer per competitor allowed, trainer **MUST** buy a trainer pass (\$25), which is good for general admission and back stage access for both the prejudging and night show.

**Pump-Up Area:** Light weights and mirrors will be back stage for use in pumping up before going on stage. Competitors are welcome to bring their own equipment and mirrors as well.

**Professional Services Available for Purchase:** On site professional spray tan available by Glow sunless tanning, call (585) 621-Glow (4569) to make an appointment. Prices are \$100 which includes unlimited coats. [www.glow-sunlesstanning.com](http://www.glow-sunlesstanning.com)

**Prejudging:** The Prejudging portion of the event will consist of: Bodybuilding, Figure, Physique and Bikini group comparisons.

**Finals:** The Finals portion of the event will consist of: Bodybuilding routines, Figure, Physique and Bikini stage walks, awards presentations, and overall judging (for divisions that have more than one class). All competitors will perform at finals regardless of placement from prejudging. Bodybuilding routines and Figure/Bikini stage walks should last no more than 60 seconds. Bodybuilders are to supply their own music for Finals performances on CD with **no profanity** (if burning music to CD on a computer please test it afterwards on a regular CD player to ensure it works outside of a PC), also ipod's/Phones can be used.

**Tickets:** 10:00 am Men's: Adult General Admission \$25, Under 10 General Admission Prejudging \$10. 4:00pm Women's: Adult General Admission \$25, Under 10 General Admission Finals \$10. All day Pass (both shows): Adult General Admission \$40, Under 14 General Admission \$20. Trainer Pass: \$25 (Only one trainer max per competitor is permitted. Trainer passes are good for general admission seating all day & night & back stage). **Airports:** Greater Rochester International Airport (ROC)

**Host Hotel:** Hampton Inn, 500 Center Place Dr. Rochester NY 14615. 585-663-6070 & Mention "OCB Natural Bodybuilding show" for special show rate by Oct 1st!

**Directions:** Can be found at the show website [www.OCBeasternUSA.com](http://www.OCBeasternUSA.com).

**Payment:** Entry forms can be sent with Check or Money Order to Paul Iatomasi, 318 Creighton Lane, Rochester, NY 14612.

**Contact:** Contact person for this event is Paul Iatomasi, 585-737-7357, [pauliatomasi@hotmail.com](mailto:pauliatomasi@hotmail.com).

## OCB EASTERN USA ENTRY FORM – October 27th, 2018 – ROCHESTER, NY

Name (print): \_\_\_\_\_ Email: \_\_\_\_\_  
 Address (Street): \_\_\_\_\_ Phone: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

### Division(s) Entering *(check or circle)*

**Men's Bodybuilding:** [  Novice ] [  Masters Age 40+ ] [  Age 50+ ] [  Jr. Men (23 & under) ] [  Teen Men ]  
 [  Open ] ( ) light – under 156 lbs ( ) middle – 156 lbs to under 172 lbs. ( ) light-heavy - 172 lbs to under 189 lbs.  
 ( ) heavy - 189 lbs and over : [  Men's Physique 40+ ] [  Men's Physique Novice ] [  Men's Physique Open ]  
 [  Men's Classic Physique ] height (bare foot) \_\_\_\_\_feet \_\_\_\_\_inches (for all Men's & Classic Physique divisions)

**Women's Bodybuilding:** [  Novice ] [  Masters Age 40+ ]  
 [  Open ] ( ) light – under 118 lbs ( ) heavy – 118 lbs and over

**Figure:** [  Novice ] [  Women's Physique ] [  Masters Age 40+ ] [  Open ] height (bare foot) \_\_\_\_\_feet \_\_\_\_\_inches

**Bikini:** [  Novice ] [  Open ] [  Masters 40+ ] height (bare foot) \_\_\_\_\_feet \_\_\_\_\_inches Classes TBD on entries

**Division Details:** Novice: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Masters/Age Divisions: Open only to those falling into the stipulated age range (ex. Masters Age 40+ is age forty and over. Open: Open to anyone regardless of age and level of experience.

**Waiver/Release:** I hereby intend to be legally bound for myself and waive and release any and all rights and claims I may have against the facility owners, OCB, the promoters, and any sponsors, agents, or representatives for any injuries and/or losses suffered by me as a result of my participation and/or attendance at this contest. I acknowledge I have reviewed and understand the OCB drug testing procedures and list of banned substances on OCBonline.com. I understand that the administrator or laboratory utilized for banned substance screenings is the choice of OCB and/or the promoters and agree to abide by the decision of the OCB, and/or contest promoters regarding my eligibility for participation in this contest based on the results of any banned substance screenings performed on me, and agree to accept results of said screenings, whatever they may be.

I have read, understand, and agree to the above terms.

Name (print): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If under Age 18: Parent's name (print): \_\_\_\_\_ Parent's Signature: \_\_\_\_\_

### Fees to Submit with Entry Form to Paul Iatomasi:

**Entry Fee:** \_\_\_\_\_ **Crossover Entry Fee(s)** \_\_\_\_\_

**Total: \$** \_\_\_\_\_

## **Competitor Bio Sheet**

Please Print, no cursive

**Competitor Name:**\_\_\_\_\_

**Competitor Number:**\_\_\_\_\_ **(We will fill that in for you)**

**Age:**\_\_\_\_\_

**Gym Representing:**\_\_\_\_\_

**Previous Competition Placings / Titles:**\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**I would like to give a Special Thanks to:**\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_